

I am relying on your caring support to help me grow as a disciple of Jesus.

I give you permission to hold me accountable in regards to:

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by this date

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Please ask me about this privately...

- ☐ On the above date
- ☐ Every day you can
- ☐ When you see me next

Signed

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Thank you for caring enough to help me grow!

Accountability is being responsible for your actions.

An accountability partner can give support, comfort, and motivation as you grow spiritually.

Allowing a fellow disciple to support your growth in Christ is powerful and life-changing!

Accountability is the secret weapon of successful commitment keeping!

### Three Simple Steps

1. Decide to be held accountable for your commitments.
2. Select an accountability partner from your list.
3. Ask him/her to support you in your spiritual growth.

# Trellis

**Trel·lis** – 'tre-las:  
A frame that helps to support and train growing plants.

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